

# Easy Steps To Creating Dreadlocks In Caucasian Hair

Are you a Caucasian individual who has always admired the unique and stylish look of dreadlocks? Contrary to popular belief, dreadlocks are not only reserved for those with naturally textured hair. With the right techniques and a little patience, you too can achieve those gorgeous, dreadlocked locks that you've always dreamed of. In this article, we will take you through easy step-by-step instructions on how to create dreadlocks in Caucasian hair, so let's get started!

## Step 1: Prepare Your Hair

The first step in creating dreadlocks is to prepare your hair properly. Start by washing your hair thoroughly using a residue-free shampoo. It is important to remove any product buildup or oils from your hair, as this will help the dreading process. Rinse your hair thoroughly and towel dry it gently.

Once your hair is clean and damp, it is recommended to let it air dry or use a low heat setting on your blow dryer. It's crucial to ensure that your hair is completely dry before moving on to the next step. Damp or wet hair can lead to mold and mildew forming within your dreadlocks, which can be difficult to fix.

**How to Make Dreadlocks: Easy Steps to Creating Dreadlocks in Caucasian Hair** by Lisa Shea(Kindle Edition)

★★★★★ 4.6 out of 5

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EASY STEPS TO CREATING  
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## Step 2: Section Your Hair

After your hair is dry, it's time to section it in preparation for creating your dreadlocks. Using a comb, divide your hair into even sections of your desired size. It's essential to ensure that each section is uniform in size to achieve a neat and uniform look once your dreadlocks are complete. Use hair clips or rubber bands to keep the sections separate as you work on them individually.

## Step 3: Backcomb Your Hair

Now that your hair is sectioned, you will start the dreading process by backcombing each section. Take one section at a time and use a fine-tooth metal comb to backcomb it from the root to the tip. This process will create tangles within your hair that will eventually form into natural-looking dreadlocks. Repeat this backcombing technique for each section until your whole head of hair is backcombed.

## Step 4: Apply Dread Wax

Once your hair is backcombed, it's time to apply dread wax to help create and maintain the shape of your dreadlocks. Dread wax acts as a binding agent and helps hold your hair together. Take a small amount of wax and

work it into each dreadlock, from the root to the tip. Be sure to distribute the wax evenly, ensuring all hairs are coated. Remember, less is more when it comes to wax, as using too much can lead to build-up and hinder the locking process.

### **Step 5: Palm Roll**

Palm rolling is an essential step in the dreading process that helps smooth out your dreadlocks and encourage them to tighten. To palm roll, take a section of your dreadlocks between your palms and roll them back and forth vigorously. This motion helps to tighten the hair and encourages the dreadlocks to take shape. Repeat this process for each dreadlock until you have palm rolled your entire head of hair.

### **Step 6: Maintenance and Care**

Now that you have created your dreadlocks, it's important to know how to maintain and care for them properly. Avoid washing your hair too frequently, as this can cause your dreadlocks to unravel. Instead, opt for a dry shampoo or a residue-free dreadlock-specific shampoo. It is also essential to palm roll your dreadlocks regularly to keep them tight and well-formed.

In addition to regular palm rolling, it's crucial to refrain from using any products containing oils or conditioner as these can loosen your dreadlocks. Lastly, be patient with the process as dreadlocks take time to mature and develop. With proper care and maintenance, your dreadlocks will continue to grow and become even more defined over time.

Creating dreadlocks in Caucasian hair is an achievable and rewarding process. By following these easy steps and dedicating time to maintenance and care, you can achieve the unique and stylish look that comes with

having dreadlocks. Embrace your individuality and rock those gorgeous dreadlocked locks with confidence!

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Nowadays dreadlocks are a considered choice for many that dream of a no fuss, low maintenance natural hairstyle.

Have you ever considered making dreadlocks but wasn't sure if you could achieve them in your Caucasian hair?

Well I can tell you it is absolutely achievable and in my book I will talk you through the steps you will need to take and also give you helpful hints and tips that I discovered when I began my dreadlock journey, from sectioning to giving your baby dreadlocks their first wash.

This little book will help you get on your way to discovering your very own dreadlock journey.



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